



The Big Hearted Embodiment Collaborative

*A team of providers committed to
social justice and positive embodiment.*

The Big-Hearted Embodiment Collaborative brings together professionals who have taken my Big-Hearted Embodiment trainings so that we can consult, collaborate on individual and family cases, continue developing our skills and practices, and promote our work.

MEMBERSHIP INCLUDES:

- 🌱 **Group Consultation:** We meet in a team consultation group once a month on Zoom. You can attend one of the consultation sessions, whichever one fits your schedule. The consultation sessions meet monthly on Wednesdays 4:00 to 5:30 p.m. PST or Thursdays from 9:00 to 10:30 a.m. PST. In the first thirty minutes of the meeting, I offer some new content to the team in the form of a short training. Then one or two members present a case or a topic they would like help with, and the team listens and shares feedback and support.
- 🌱 **Individual Consultation:** You will receive a reduced fee for individual consultation sessions as needed. I will charge \$200 instead of \$250 and will reduce the rate lower if that is prohibitive for you.
- 🌱 **Continuing Education hours:** You will receive 1.5 CEs for each group consultation session you attend.
- 🌱 **Certified Eating Disorders Consultation:** You can use the group and individual consultations to fulfill your IAEDP certification if you are working on becoming certified as a CEDS.
- 🌱 **Follow up to share resources:** Each month I follow up the group consultation with a newsletter sharing what we learned, resources that were offered in the training section or by members during the meetings. This way you can learn and stay connected even if you missed a session.

Prerequisites to join:

1. You have completed (or are in the process of completing) all three modules of the Big-Hearted Embodiment training and the Be Body Positive Fundamentals.
2. You have scheduled one individual consultation session with me.

Cost:

Membership in the collaborative is \$98 per month, billed on the first of the month to your credit card. I charge all members on the first of the month, even if you do not plan to attend the collaborative meeting. Please talk to me if this monthly fee is an obstacle for you. I can accommodate your budget.

Cancellation policy:

You may cancel your membership at any time. Please notify me before the first of the month you wish to cancel.



Elizabeth SCOTT



RESOURCES



CONTACT:

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(415) 456-8007
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605 B Street, Suite A
San Rafael, CA 94901



Collaborative Meeting Location:

Topic: Big Hearted Collaborative Meeting

Join Zoom Meeting (this is a recurring Zoom room for every month)

<https://us02web.zoom.us/j/83990324723?pwd=QnlVamtJbEZJNUtxUEtVc3lFZ2VmZz09>



DATES FOR THE COLLABORATIVE GROUP CONSULTATIONS:

Wednesday Case Conferences:

Time: 4:00 to 5:30 P.M. PST

November 9, 2022

December 8, 2022

January 18, 2023*

February 8, 2023

March 8, 2023

April 12, 2023

May 10, 2023

June 7, 2023

July 12, 2023

August 9, 2023

September 13, 2023

October 11, 2023

November 8, 2023

December 13, 2023

*Note: In January the collaborative meets in the third week instead of the usual second week

Thursday Case Conferences:

Time: 9:00 to 10:30 A.M. PST

November 10, 2022

December 9, 2022

January 19, 2023*

February 9, 2023

March 9, 2023

April 13, 2023

May 11, 2023

June 8, 2023

July 13, 2023

August 10, 2023

Sept 14, 2023

Oct 12, 2023

November 9, 2023

December 14, 2023

*Note: In January the collaborative meets in the third week instead of the usual second week



For questions:

Please contact me by email at: escottlcsw@gmail.com or phone: 415-456-8007

About Elizabeth Scott:

Elizabeth Scott LCSW, CEDS-S, is an educator and psychotherapist whose work focuses on the intersection of embodiment, social justice, and mindfulness. As Co-Founder and Director of Training for the Body Positive, Elizabeth instructs treatment professionals, educators, and students to use the Be Body Positive prevention model to end eating disorders and promote joyful embodiment. Elizabeth is a Certified Eating Disorders Specialist and iaedp™ Approved Supervisor (CEDS-S). She studies Insight Meditation and lives in the San Francisco Bay Area.

